



January 5, 2009

Nicole Carkner  
Quad City Health Initiative  
Central Park Medical Pavilion, Suite 325  
1227 E Rushholme St.  
Davenport, IA 52803

Dear Nicole:

As the founder of the Moon Walk program, PALM would like to formally invite the Quad City Health Initiative to participate in our Moon Walk 2009 Challenge. We are thrilled that your community continues to be excited about improving community health by participating in this event.

Last year, Quad Cities Health Initiative emerged as the 2008 winner and now holds the coveted Moon Walk Walking Stick. We hope to continue this friendly competition with Quad Cities Health Initiative and with the University of Illinois Extension - Champaign County. This will be an exciting three-way "Moon Walk Challenge".

This year's challenge will be the community that has logged 477,470 miles (one round trip to the moon) and has the highest total number of miles per registered walker. The 10-week event officially begins on April 3<sup>rd</sup> and ends on June 12<sup>th</sup>. The winner will be declared June 16<sup>th</sup> and will claim the Moon Walk Walking Stick.

We look forward to another exciting and challenging race to improve individual and community health through the benefits of walking.

**To the moon!**

*Angie Ludwig*

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